

Prayer & Gratitude Journal

Seven private pages for honest prayer, gratitude, and what you are still carrying.

What I am carrying

What I am grateful for

Who or what needs prayer

What I am releasing instead of controlling

A short prayer

Prayer & Gratitude Journal

Day 2 — honest words are welcome here.

What I am carrying

What I am grateful for

Who or what needs prayer

What I am releasing instead of controlling

A short prayer

Prayer & Gratitude Journal

Day 3 — honest words are welcome here.

What I am carrying

What I am grateful for

Who or what needs prayer

What I am releasing instead of controlling

A short prayer

Prayer & Gratitude Journal

Day 4 — honest words are welcome here.

What I am carrying

What I am grateful for

Who or what needs prayer

What I am releasing instead of controlling

A short prayer

Prayer & Gratitude Journal

Day 5 — honest words are welcome here.

What I am carrying

What I am grateful for

Who or what needs prayer

What I am releasing instead of controlling

A short prayer

Prayer & Gratitude Journal

Day 6 — honest words are welcome here.

What I am carrying

What I am grateful for

Who or what needs prayer

What I am releasing instead of controlling

A short prayer

Prayer & Gratitude Journal

Day 7 — honest words are welcome here.

What I am carrying

What I am grateful for

Who or what needs prayer

What I am releasing instead of controlling

A short prayer
